

# THE FRENCH MARKET CRÊPERIE

Authentic French Crêpes, Coffee & Pastry      Fondé - 2008  
412 West Clinch Avenue, Downtown Knoxville, TN 37902      (865)-540-4372



Visit us @ [www.thefrenchmarketknoxville.com](http://www.thefrenchmarketknoxville.com)

(ALL CRÊPE BATTER CONTAINS EGGS)

## SAVORY CRÊPES

Most Served on Traditional Batter    Change to Buckwheat Batter add \$2.00    -or-    Certified Gluten Free Batter add \$3.00

❖ Grilled Cheese- with Swiss Cheese or- Cheddar cheese <u>or</u> both melted together with butter		8.50
❖ Grilled Cheese & Tomato	\$9.50      -or-      with Caramelized Onions	\$10.95
❖ Ham - <u>or</u> - Turkey Breast & Cheese with Swiss <u>or</u> Cheddar Cheese (add spinach and tomato for \$1.95)		\$9.95
❖ Monte Cristo Ham -or- Turkey Breast with Swiss Cheese with strawberry jam, butter & powdered sugar		\$10.95
❖ Dutch-Style Ham -or- Turkey Breast with Swiss cheese cooked into the batter, caramelized onion & sautéed mushrooms		\$14.50
❖ Turkey Breast, Spinach & Artichoke with Swiss Cheese		\$12.95
❖ Turkey with Bacon & Avocado with Swiss Cheese a California Classic		\$14.50
❖ Smoked Salmon with cream cheese, capers & red onions & lemon		\$14.95
❖ Roast Beef & Swiss Cheese with fresh tomato & spinach, red onion and our own horseradish sauce		\$14.95
❖ Roast Beef & Sautéed Mushrooms with Cheddar Cheese with a side of au jus		\$14.95
❖ Mushrooms, Spinach & Bacon with Swiss Cheese		\$14.50
❖ Parisian-Style Ham & Swiss Cheese <u>on Buckwheat</u> with butter...a true Parisian galette! (add a fried egg in top for \$2.50)		\$11.50
❖ Goat Cheese with Walnuts <u>on Buckwheat</u> - Creamy and rich with light butter & artichoke hearts -or- choose French fig jam		\$11.95
❖ Vegetarian Deluxe <u>on Buckwheat</u> , choose Goat Cheese -or- Feta Cheese plus spinach, tomato, avocado & artichoke hearts		\$11.95
❖ Mushrooms with Field Greens & Swiss Cheese, <u>on Buckwheat</u> with Sautéed mushrooms, greens tossed in a vinaigrette dressing		\$11.95
❖ Spicy Vegetarian & Hummus <u>on Buckwheat</u> with Feta cheese, roasted red peppers, avocado, spinach & spicy house made aioli		\$11.95
❖ The "Canadian" with American Bacon & Swiss <u>on Buckwheat</u> with butter, and a scrambled egg inside with a maple syrup		\$14.50
❖ The "Complete" Ham & Swiss <u>on Buckwheat</u> with butter and a fried egg on top and side of pomme frites		\$15.95

**Add:** fresh spinach, artichokes, capers, red onions or tomatoes \$1.00 ea    caramelized onions -or- sautéed mushrooms \$2.95 each  
 Add: a fried egg on top of any savory crêpe or in a sandwich \$2.95    **Sorry, but we do not offer just sides of scrambled eggs!**  
 bacon \$5.95    or sausage \$5.95    ham -or- turkey \$4.95    roast beef \$6.95    smoked salmon \$6.95  
 hummus \$1.95    crumbled feta cheese \$1.95    goat cheese \$1.95    avocado \$1.50

## SWEET CRÊPES

Most Served on Traditional Batter    Change to Buckwheat Batter add \$2.00    -or-    Certified Gluten Free Batter add \$3.00

❖ Traditional Plain	\$5.50	-or-	Sugar & Butter	\$6.50	
❖ Chocolate	\$6.50	-or-	Cinnamon & Butter	\$6.50	
❖ Strawberry Jam	-or-	Maple Syrup & Butter	-or-	Lemon & Sugar with a freshly squeezed lemon	\$6.95
❖ Bavarian Cream	vanilla custard folded inside a warm crêpe with dark chocolate & whipped cream			8.50	
❖ French Caramel	with whipped cream			\$8.50	
❖ S'mores	with mini marshmallows, graham crackers and chocolate chips & whipped cream			\$8.50	
❖ Nutella	chocolate & hazelnut spread... a European tradition!    add banana or strawberries or both*			\$8.50	
❖ Salted Caramel <u>on Buckwheat</u>	Imported French caramel, sea salt with butter & whipped cream			\$8.95	
❖ Blueberries & Lemon Curd	with whipped cream			\$8.95	
❖ Blueberries -or- Cherry Cheesecake	with our homemade sweet ricotta & cream cheese mix, graham crackers & whipped cream			\$8.95	
❖ Cinnamon & Banana with Caramel <u>on Buckwheat</u>	with whipped cream			\$10.50	
❖ Strawberries & Cream	with Fresh strawberries with our homemade sweet ricotta & cream cheese mix, whipped cream & almonds			\$10.50	
❖ Crêpes Suzette	The Classic French Crêpes - 1 oz. Grand Marnier® Cognac with butter, sugar, caramel & whipped cream (*contains alcohol)			\$12.50	

\*Add to any Sweet Crepe.... a whole Banana \$1.50    or    Fresh Strawberries \$2.95    or Both \$4.25

## BAGUETTE or CROISSANT SANDWICHES

❖ Ham -or- Turkey Breast with provolone cheese, mayonnaise, tomato and leaf lettuce	(your choice of bread)	\$8.50
❖ Chicken Salad Croissant with leaf lettuce and tomato		\$8.50
❖ Roast Beef & Swiss Cheese with red onion, tomato and leaf lettuce with horseradish sauce	(your choice of bread)	\$10.50
❖ Spicy Vegetarian Croissant with feta cheese, roasted red peppers, avocado, spinach & spicy aioli		\$8.95
❖ Brie & Apple Baguette with Ham -or- Turkey	Imported French brie cheese with honey & apple slices	\$10.95
❖ Chicken Salad BLT on Brioche Toast	Chunky chicken salad, bacon, mayonnaise, leaf lettuce and tomato	\$12.95

To substitute to Brioche (an egg bread) or to Udi's® Gluten Free Bread (made from brown rice, flax seed, tapioca & eggs) add \$1.00

## SOUPS, SALADS & SPECIALITIES

❖ Traditional French Onion Soup ( <u>beef stock</u> ) or Burgundy Mushroom Soup ( <u>chicken stock</u> ) with baked cheese		\$7.95	
❖ Soup and Side Salad Paring combination	\$11.95	Soup & Pomme Frites Paring combination	\$12.95
❖ Baked Brie Cheese with raisins, almonds and honey served with half of a baguette		\$9.95	
❖ Field Greens, Chicken Salad or Turkey Breast, Walnuts, Raisins with champagne vinaigrette	\$9.95	Small side salad only	\$4.95
❖ Pomme Frites	our large steak-cut French fries cooked in non-GMO sunflower oil	Small \$5.50	Large \$7.50

**Warning: Consuming raw or undercooked meats, poultry, seafood, shellfish eggs may increase your risk of foodborne illness**

# Petit déjeuner (Breakfast)

**Breakfast is served 9 am -11 am Monday thru Friday, Saturdays 8 am - 12 pm, and Sunday Brunch 9 am until 3pm**

## BREAKFAST CRÊPES

Most Served on Traditional Batter Change to Buckwheat Batter add \$2.00 -or- Certified Gluten Free Batter add \$3.00

- ❖ Two Scrambled Eggs & Swiss Cheese with your choice of Swiss cheese, cheddar or mix both \$8.95
- ❖ Two Scrambled Eggs & Spinach, Tomatoes with Swiss Cheese \$9.95
- ❖ Ham and Cheese with a Scrambled Egg Inside with Swiss cheese (add fresh spinach & tomato \$1.50) \$10.95
- ❖ Bacon -or- Sausage Patty & a Scrambled Egg inside with Swiss Cheese (add fresh spinach & tomato \$1.50) \$11.50
- ❖ Mushrooms; Spinach & Caramelized Onions & a Scrambled Egg with Swiss cheese \$10.50
- ❖ The "Breakfast Parisian" Ham & Swiss Cheese on Buckwheat with butter and a fried egg cooked your way on top \$12.95
- ❖ Bacon with Cheddar Cheese & two fried-eggs on top \$12.95
- ❖ Smoked Salmon & a Scrambled Egg Inside with Swiss cheese, capers & red onion \$14.95

## OMELETTES Add a side of brioche toast for \$2.25

- ❖ Cheese Omelette with your choice of Swiss cheese or cheddar cheese \$7.50
- ❖ Spinach & Tomato Omelette and melted Swiss cheese \$8.50
- ❖ Mushrooms; Spinach & Caramelized Onions Omelette and melted Swiss cheese \$9.95
- ❖ Ham Omelette with Swiss Cheese \$9.95 With Sausage \$9.95 With Bacon \$9.95
- ❖ Smoked Salmon Omelette with cream cheese, capers & red onions on the side \$12.95

❖ Add: fresh spinach, artichokes, capers, red onions or tomatoes \$1.00 ea caramelized onions -or- sautéed mushrooms \$2.95 each

## CROISSANTS

- ❖ Cheese Only \$5.50 Egg & Cheese \$6.50 Bacon -or- Sausage -or- Ham, Egg & Cheese \$7.50
- ❖ Croissant and Lox (with smoked salmon), Toasted, with cream cheese, sliced red onion, capers and sliced tomato \$10.95

## SIDE ITEMS

- ❖ Plain Croissant \$3.95 Pain au Chocolate \$4.50 Brioche Toast \$2.25 Udi's® Gluten Free Toast \$2.25
- ❖ Whole Baguette \$4.95 1/2 Baguette \$2.95 Seasonal Fresh Fruit \$5.95 Maple Syrup/Butter/Jam \$1.00
- ❖ Bacon or Sausage \$5.95 Smoked Salmon \$6.95 Add a fried Egg on top of any Savory Crepe \$2.95

## COLD BEVERAGES

- ❖ Coke®, Diet Coke, Coke Zero, Sprite®, Sprite Zero®, Canadian Dry Ginger Ale, or a bottle of Spring Water \$2.75
- ❖ Boylan® Root Beer, Dark Cherry or Cream Soda \$3.95 -or- Coca-Cola® de Mexico in a Glass Bottle \$3.95
- ❖ Martinelli's Sparking Apple Cider \$3.95 -or- Apple Juice \$2.95
- ❖ Evian® (France) Flat -or- Perrier® (France) Sparking -or- San Pellegrino® (Italy) Sparking \$3.95
- ❖ Fresh Brewed Louisianan® Iced Tea ...Sweet or Unsweetened \$3.25
- ❖ Seasonal Harney & Son's® fruit tea iced \$3.50
- ❖ Sparking French Soda & Sparking French Lemonade, Iced with your choice of flavorings \$3.95
- ❖ Fresh Squeezed Orange Juice- 9 oz. \$3.95 - 16 oz \$6.50 Milk - 9 oz \$2.50 / 16 oz \$3.50 Chocolate Milk - 9 oz \$2.95 / 16 oz \$3.95

## COFFEE, HOT TEA & ESPRESSO DRINKS

- ❖ House Drip Coffee Lavazza dark roast drip (Hot or Iced) \$2.95 Café Au Lait dark roast drip coffee & steamed milk \$3.75
  - Espresso a single shot \$2.50 Espresso double shot \$3.95
- ❖ Macchiato Traditional a Double shot of espresso with steamed milk-foam only \$4.25
- ❖ Café Latte a Double shot of espresso with steamed milk OR Cappuccino a Double shot of espresso, 1/3 steamed milk, 1/3 milk-foam \$4.25
- ❖ Americano The European answer for American coffee using a tall double shot of espresso \$4.25
- ❖ Specialty Latte/Macchiato a Double shot of espresso with steamed milk and your choice of Monin Syrups to choose from (up to 3 pumps) \$5.25
- ❖ Up any Size Coffee or Tea \$ .50
- ❖ Hot Tea - by Harney & Son's® Earl Grey, Hot Cinnamon, Paris Black, Ceylon Black & Ginger-Turmeric -or- \$3.25
  - Organic English Breakfast, Herbal Mint Verbena, Organic Green Tea, Ginger-Lemon Elixir
- ❖ Fog Teas London Fog with Earl Grey & Vanilla -or- English Fog with English Breakfast & Rose -or- Paris Fog with Paris Black & Lavender \$4.95
- ❖ Chai Tea Latte -or- Matcha Green Tea Latte -or- Hot Spice Apple Cider \$4.95
- ❖ Hot Chocolate topped with whipped cream \$3.95
- ❖ Monin® Flavored Syrups Agave Syrup, Vanilla, Chocolate, Hazelnut, Caramel, Coconut, Cherry, Blackberry, Cinnamon, Salted Caramel, Amaretto, Rose \$1.00

MIMOSA \$7.00, KRONNENBOURG 1664 LAGER PINT \$6, SIERRA NEVADA IPA \$6,

GYPSY HARD CIDER \$6, MINI BOTTLE OF CHANDON CHAMPAGNE \$15,

HOSUE RED, WHITE OR ROSE WINE \$10 GLASS & BOTTLES OF WINE TOO!

PLUS: Tullamore Dew Irish Coffee, Bailey's Irish Cream or Kailua & Coffee, Espresso Martini - \$12



Please...visit our West Knoxville location in the Farragut Kroger/Petco Center, 161 Brooklawn Street, 37934

**Warning: Consuming raw or undercooked meats, poultry, seafood, shellfish eggs may increase your risk of foodborne illness**