

THE FRENCH MARKET CRÊPERIE

Authentic French Crêpes, Coffee & Pastry Fondé - 2008
412 West Clinch Avenue, Downtown Knoxville, TN 37902 (865)-540-4372



Visit us @ www.thefrenchmarketknoxville.com (ALL CRÊPE BATTER CONTAINS *EGGS)

SAVORY CRÊPES

Most Served on Traditional Batter -OR- Change to Buckwheat Batter add \$2.00 -OR- Certified Gluten Free Batter add \$3.00

❖ Grilled Cheese- with Swiss Cheese or- Cheddar cheese or both melted together with butter		\$8.50
❖ Grilled Cheese & Tomato	\$9.50	-or- with Caramelized Onions \$10.95
❖ Ham - or - Turkey Breast & Cheese with Swiss or Cheddar Cheese (add spinach and tomato for \$1.95)		\$10.95
❖ Monte Cristo Ham -or- Turkey Breast with Swiss Cheese with strawberry jam, butter & powdered sugar		\$11.95
❖ Dutch-Style Ham -or- Turkey Breast with Swiss cheese cooked into the batter, caramelized onion & sautéed mushrooms		\$14.95
❖ Turkey Breast, Spinach & Artichoke with Swiss Cheese		\$12.95
❖ Turkey with Bacon & Avocado with Swiss Cheese a California Classic		\$14.95
❖ Smoked Salmon with cream cheese, capers & red onions & lemon		\$14.95
❖ Roast Beef & Swiss Cheese with fresh tomato & spinach, red onion and our own horseradish sauce		\$15.95
❖ Roast Beef & Sautéed Mushrooms with Cheddar Cheese with a side of au jus		\$15.95
❖ Mushrooms, Spinach & Bacon with Swiss Cheese		\$14.95
❖ Parisian-Style Ham & Swiss Cheese <u>on Buckwheat</u> with butter... just like in Paris! (add a fried *egg in top for \$2.95)		\$11.95
❖ Goat Cheese with Walnuts <u>on Buckwheat</u> - Creamy and rich with light butter & artichoke hearts -or- choose French fig jam		\$12.95
❖ Vegetarian Deluxe <u>on Buckwheat</u> , choose Goat Cheese -or- Feta Cheese plus spinach, tomato, avocado & artichoke hearts		\$12.95
❖ Mushrooms with Swiss Cheese, <u>on Buckwheat</u> Sautéed mushrooms in burgundy wine with garlic		\$11.95
❖ Spicy Vegetarian & Hummus <u>on Buckwheat</u> with Feta cheese, roasted red peppers, avocado, spinach & spicy house made aioli		\$12.95
❖ The "Canadian" with American Bacon & Swiss <u>on Buckwheat</u> with butter, and a scrambled *egg inside with a maple syrup		\$14.95
❖ The "Complete" Parisian Ham & Swiss <u>on Buckwheat</u> with butter and a fried *egg on top and side of pomme frites		\$15.95

Add: fresh spinach, artichokes, capers, red onions or tomatoes \$1.00 ea caramelized onions -or- sautéed mushrooms \$2.95 each
 Add: *a fried *egg on top of any savory crêpe or in a sandwich \$2.95 Sorry, but we do not offer just sides of scrambled eggs!
 bacon \$6.50 or sausage \$6.50 ham -or- turkey \$5.95 roast beef \$6.95 smoked salmon \$6.95
 hummus \$1.95 crumbled feta cheese \$2.25 goat cheese \$2.50 avocado \$1.50

SWEET CRÊPES

Most Served on Traditional Batter Change to Buckwheat Batter add \$2.00 -OR- Certified Gluten Free Batter add \$3.00

❖ Traditional Plain	\$5.50	-or- Sugar & Butter	\$6.95
❖ Chocolate	\$6.50	-or- Cinnamon & Butter	\$6.95
❖ Strawberry Jam -or- Maple Syrup & Butter		-or- Lemon & Sugar with a freshly squeezed lemon	\$6.95
❖ Bavarian Cream vanilla custard folded inside a warm crêpe with dark chocolate & whipped cream			\$8.95
❖ French Caramel with whipped cream			\$8.95
❖ S'mores with mini marshmallows, graham crackers and chocolate chips & whipped cream			\$8.95
❖ Nutella chocolate & hazelnut spread... a European tradition! add banana or strawberries or both*			\$9.50
❖ Salted Caramel <u>on Buckwheat</u> Imported French caramel, sea salt with butter & whipped cream			\$9.50
❖ Blueberries & Lemon Curd with whipped cream			\$9.50
❖ Blueberries -or- Cherry Cheesecake with our homemade sweet ricotta & cream cheese mix, graham crackers & whipped cream			\$9.50
❖ Cinnamon & Banana with Caramel <u>on Buckwheat</u> with whipped cream			\$10.95
❖ Strawberries & Cream with Fresh strawberries with our homemade sweet ricotta & cream cheese mix, whipped cream & almonds			\$10.95
❖ Crêpes Suzette The Classic French Crêpes - 1 oz. Grand Marnier® Cognac with butter, sugar, caramel & whipped cream (*contains alcohol)			\$12.95

*Add to any Sweet Crepe.... a whole Banana \$1.50 or Fresh Strawberries \$2.95 or Both \$4.25

BAGUETTE or CROISSANT SANDWICHES

❖ Ham -or- Turkey Breast with provolone cheese, mayonnaise, tomato and leaf lettuce (your choice of bread)	\$8.95
❖ Chicken Salad Croissant with leaf lettuce and tomato	\$8.95
❖ Roast Beef & Swiss Cheese with red onion, tomato and leaf lettuce with horseradish sauce (your choice of bread)	\$11.50
❖ Spicy Vegetarian Croissant with feta cheese, roasted red peppers, avocado, spinach & spicy aioli	\$8.95
❖ Brie & Apple Baguette with Ham -or- Turkey Imported French brie cheese with honey & apple slices	\$10.95
❖ Chicken Salad BLT on Brioche Toast Chunky chicken salad, bacon, mayonnaise, leaf lettuce and tomato	\$12.95

To substitute to Brioche (an egg bread) or to Udi's® Gluten Free Bread (made from brown rice, flax seed, tapioca & eggs) add \$1.00

SOUPS, SALADS & SPECIALITIES

❖ Traditional French Onion Soup (<u>beef stock</u>) or Burgundy Mushroom Soup (<u>chicken stock</u>) with baked cheese	\$7.95
❖ Soup and Side Salad Paring combination \$11.95 Soup & Pomme Frites Paring combination	\$12.95
❖ Baked Brie Cheese with raisins, almonds and honey served with half of a baguette	\$10.95
❖ Field Greens, Chicken Salad or Turkey Breast, Walnuts, Raisins with champagne vinaigrette \$9.95 Small side salad only	\$4.95
❖ Pomme Frites our large steak-cut French fries cooked in non-GMO sunflower oil Small \$5.50 Large	\$7.50

Warning: Consuming raw or undercooked meats, poultry, seafood, shellfish eggs may increase your risk of foodborne illness

Petit déjeuner (Breakfast)

Breakfast is served 8 am -11 am Monday thru Friday, Saturdays 8 am - 12 pm, and Sunday Brunch 9 am until 3pm

*BREAKFAST CRÊPES

Most Served on Traditional Batter -OR- Change to Buckwheat Batter add \$2.00 -OR- Certified Gluten Free Batter add \$3.00

- ❖ Two Scrambled Eggs & Swiss Cheese with your choice of Swiss cheese, cheddar or mix both \$9.95
- ❖ Two Scrambled Eggs & Spinach, Tomatoes with Swiss Cheese \$10.95
- ❖ Ham and Cheese with a Scrambled Egg Inside with Swiss cheese (add fresh spinach & tomato \$1.50) \$11.95
- ❖ Bacon -or- Sausage Patty & a Scrambled Egg inside with Swiss Cheese (add fresh spinach & tomato \$1.50) \$12.95
- ❖ Mushrooms; Spinach & Caramelized Onions & a Scrambled Egg with Swiss cheese \$12.95
- ❖ The "Breakfast Parisian" Ham & Swiss Cheese on Buckwheat with butter and a fried egg cooked your way on top \$13.95
- ❖ Bacon with Cheddar Cheese & two fried-eggs on top \$14.95
- ❖ Smoked Salmon & a Scrambled Egg Inside with Swiss cheese, capers & red onion \$15.95

*OMELETTES Add a side of brioche toast for \$2.25

- ❖ Cheese Omelette with your choice of Swiss cheese or cheddar cheese \$7.95
- ❖ Spinach & Tomato Omelette and melted Swiss cheese \$8.95
- ❖ Mushrooms; Spinach & Caramelized Onions Omelette and melted Swiss cheese \$9.95
- ❖ Ham Omelette with Swiss Cheese \$9.95 With Sausage \$9.95 With Bacon \$10.95
- ❖ Smoked Salmon Omelette with cream cheese, capers & red onions on the side \$12.95

❖ Add: fresh spinach, artichokes, capers, red onions or tomatoes \$1.00 ea caramelized onions -or- sautéed mushrooms \$2.95 each

*CROISSANTS

- ❖ Cheese Only \$5.50 Egg & Cheese \$6.95 Bacon -or- Sausage -or- Ham, Egg & Cheese \$7.95
- ❖ Croissant and Lox (with smoked salmon), Toasted, with cream cheese, sliced red onion, capers and sliced tomato \$11.95

SIDE ITEMS

- ❖ Plain Croissant \$3.95 Pain au Chocolate \$4.50 Brioche Toast \$2.25 Udi's® Gluten Free Toast \$2.25
- ❖ Whole Baguette \$4.95 1/2 Baguette \$2.95 Seasonal Fresh Fruit \$6.50 Maple Syrup/Butter/Jam \$1.00
- ❖ Bacon or Sausage \$6.50 Smoked Salmon \$6.95 Add a fried Egg on top of any Savory Crepe \$2.95

COLD BEVERAGES

- ❖ Coke®, Diet Coke, Coke Zero, Sprite®, Sprite Zero®, Dr. Pepper, Canadian Dry Ginger Ale, SpringWater \$2.95
- ❖ Boylan® Root Beer, Dark Cherry, Orange Cream Soda \$3.95 -or- Coca-Cola® de Mexico in a Glass Bottle \$4.50
- ❖ Martinelli's Sparking Apple Cider \$3.95 -or- Apple Juice \$2.95
- ❖ Evian® (France) Flat -or- Perrier® (France) Sparking -or- San Pellegrino® (Italy) Sparking \$3.95
- ❖ Fresh Brewed Louisianan® Iced Tea ...Sweet or Unsweetened \$3.25
- ❖ Seasonal Harney & Son's® fruit tea iced \$3.50
- ❖ Sparking French Soda & Sparkling French Lemonade, Iced with your choice of flavorings \$3.95
- ❖ Fresh Squeezed Orange Juice- 9 oz. \$3.95 - 16 oz \$6.95 Milk - 9 oz \$2.50 / 16 oz \$3.50 Chocolate Milk - 9 oz \$2.95 / 16 oz \$3.95

COFFEE, HOT TEA & ESPRESSO DRINKS

- ❖ House Drip Coffee Lavazza dark roast drip (Hot or Iced) \$2.95 Café Au Lait dark roast drip coffee & steamed milk \$3.95
 - Espresso a single shot \$2.70 Espresso double shot \$3.95
- ❖ Macchiato Traditional a Double shot of espresso with steamed milk-foam only \$4.70
- ❖ Café Latte a Double shot of espresso with steamed milk OR Cappuccino a Double shot of espresso, 1/3 steamed milk, 1/3 milk-foam \$4.70
- ❖ Americano The European answer for American coffee using a tall Double shot of espresso \$4.70
- ❖ Specialty Latte/Macchiato a Double shot of espresso with steamed milk and your choice of Monin Syrups to choose from (up to 3 pumps) \$5.70
- ❖ Up any Size Coffee or Tea \$.50
- ❖ Hot Tea - by Harney & Son's® Earl Grey, Hot Cinnamon, Paris Black, Ceylon Black & Ginger-Turmeric -or- \$3.50
Organic English Breakfast, Herbal Mint Verbena, Organic Green Tea, Ginger-Lemon Elixir
- ❖ Fog Teas London Fog with Earl Grey & Vanilla -or- English Fog with English Breakfast & Rose -or- Paris Fog with Paris Black & Lavender \$5.50
- ❖ Chai Tea Latte -or- Matcha Green Tea Latte -or- Hot Spice Apple Cider \$5.50
- ❖ Hot Chocolate topped with whipped cream \$4.50
- ❖ Monin® Flavored Syrups \$1.00

MIMOSA, APEROL SPRITZ, KRONNENBOURG 1664 LAGER, SIERRA NEVADA IPA

SHINER BOC, HARD CIDER, TITO'S BLOODY MARYS, FRENCH 75,
CHAMPAGNE, RED, WHITE, CHARDONNAY & ROSE BY THE GLASS

PLUS: Tullamore Dew Irish Coffee, Bailey's Irish Cream or Kailua & Coffee, Tito's Espresso Martini

Please...visit our West Knoxville location in the Farragut Kroger/Petco Center, 161 Brooklawn Street, 37934

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