

# THE FRENCH MARKET CRÊPERIE

Authentic French Crêpes, Coffee & Pastry Fondé - 2008  
412 West Clinch Avenue, Downtown Knoxville, TN 37902 (865)-540-4372



Visit us @ [www.thefrenchmarketknoxville.com](http://www.thefrenchmarketknoxville.com)

(ALL CRÊPE BATTER CONTAINS EGGS)

## SAVORY CRÊPES

Most Served on Traditional Batter Change to Buckwheat Batter -or- Certified Gluten Free Batter add \$1.00

- ❖ Grilled Cheese- choose Swiss -or- Cheddar cheese or both melted together with butter \$5.95
- ❖ Grilled Cheese & Tomato \$6.95 -or- with Caramelized Onions - Swiss -or- Cheddar cheese or both melted together with butter \$7.95
- ❖ Ham or Turkey Breast & Cheese with Swiss or Cheddar Cheese (add spinach and tomato for \$1.50) \$7.95
- ❖ Monte Cristo Ham -or- Turkey Breast with Swiss Cheese with strawberry jam, butter & powdered sugar \$8.95
- ❖ Dutch-Style Ham -or- Turkey Breast with Swiss cheese cooked into the batter, caramelized onion & sautéed mushrooms \$9.95
- ❖ Turkey Breast, Spinach & Artichoke with Swiss Cheese \$9.50
- ❖ Turkey, Bacon & Avocado with Swiss Cheese \$9.75
- ❖ Smoked Salmon with cream cheese, capers & red onions & lemon \$11.95
- ❖ Roast Beef & Swiss Cheese with fresh tomato & spinach, red onion and our own horseradish sauce \$11.95
- ❖ Roast Beef & Sautéed Mushrooms with Cheddar Cheese with a side of au jus \$11.95
- ❖ Mushrooms, Spinach & Bacon with Swiss Cheese \$9.95
- ❖ Parisian-Style Ham & Swiss Cheese on Buckwheat with butter...a true Parisian galette! (add a fried egg in top for \$1.75) \$8.50
- ❖ Goat Cheese with Walnuts on Buckwheat - Creamy and rich with light butter & artichoke hearts -or- choose French fig jam \$8.95
- ❖ Vegetarian Deluxe on Buckwheat, choose Goat Cheese -or- Feta Cheese plus spinach, tomato, avocado & artichoke hearts \$9.50
- ❖ Mushrooms & Swiss with Field Greens, on Buckwheat Sautéed mushrooms, greens tossed in a vinaigrette & buttermilk herb drizzle \$9.50
- ❖ Spicy Vegetarian & Hummus on Buckwheat with Feta cheese, roasted red peppers, avocado, spinach & spicy house made aioli \$9.50
- ❖ The "Canadian" with American Bacon & Swiss on Buckwheat with butter, and a scrambled egg inside with a maple syrup butter \$10.50
- ❖ The "Complete" Ham & Swiss on Buckwheat with butter and a fried egg on top and side of pomme frites \$12.95

**Add:** fresh spinach, artichokes, capers, avocado, red onions or tomatoes \$1.00ea caramelized onions -or- sautéed mushrooms \$2.00 each  
a fried egg on top of any savory crêpe \$1.75 bacon or sausage \$3.95 ham -or- turkey \$3.75 roast beef \$4.95 smoked salmon \$4.95  
hummus \$1.50 crumbled feta cheese goat cheese \$1.50

## SWEET CRÊPES

Most Served on Traditional Batter (Change to Buckwheat Batter add 75¢ -or- Certified Gluten Free Batter add \$1.00)

- ❖ Traditional Plain \$3.95 -or- Sugar & Butter \$4.95
- ❖ Chocolate \$4.95 -or- Cinnamon & Butter \$4.95
- ❖ Strawberry Jam -or- Maple Syrup & Butter -or- Lemon & Sugar with a freshly squeezed lemon \$4.95
- ❖ Nutella chocolate & hazelnut spread... a European tradition! add banana or strawberries or both\* \$5.95
- ❖ S'mores with mini marshmallows, graham crackers and chocolate chips & whipped cream \$6.95
- ❖ French Caramel with whipped cream \$6.50
- ❖ Salted Caramel on Buckwheat Imported French caramel, sea salt with butter & whipped cream \$6.95
- ❖ Bavarian Cream vanilla custard folded inside a warm crêpe with dark chocolate & whipped cream \$6.50
- ❖ Cinnamon & Banana with Caramel on Buckwheat with whipped cream \$7.50
- ❖ Blueberries & Lemon Curd with whipped cream \$7.95
- ❖ Blueberries -or- Cherry Cheesecake with our homemade sweet ricotta & cream cheese mix, graham crackers & whipped cream \$7.95
- ❖ Strawberries & Cream Fresh strawberries with our homemade sweet ricotta & cream cheese mix, whipped cream & almonds \$8.25
- ❖ Crêpes Suzette The Classic French Crêpes - 1 oz. Grand Marnier® Cognac with butter, sugar, caramel & whipped cream \$9.50

\*Add to any Sweet Crepe... a whole Banana \$1.00 or Fresh Strawberries \$2.50

## BAGUETTE or CROISSANT SANDWICHES

- ❖ Ham -or- Turkey Breast with provolone cheese, mayonnaise, tomato and leaf lettuce (your choice of bread) \$6.95
- ❖ Chicken Salad Croissant with leaf lettuce and tomato \$6.95
- ❖ Roast Beef & Swiss Cheese with red onion, tomato and leaf lettuce with horseradish sauce (your choice of bread) \$9.50
- ❖ Spicy Vegetarian Croissant with feta cheese, roasted red peppers, avocado, spinach & spicy aioli \$8.50
- ❖ Brie & Apple Baguette with Ham -or- Turkey Imported French brie cheese with honey & apple slices \$8.95
- ❖ Chicken Salad BLT on Brioche Toast Chunky chicken salad, bacon, mayonnaise, leaf lettuce and tomato \$8.95

To substitute to Brioche (an egg bread) or to Udi's® Gluten Free Bread (made from brown rice, flax seed, tapioca & eggs) add \$1.00

## SOUPS, SALADS & SPECIALITIES

- ❖ Traditional French Onion Soup (beef stock) or Burgundy Mushroom Soup (chicken stock) with baked cheese \$6.95
- ❖ Soup & Pomme Frites Paring combination -or- Soup and Side Salad Paring combination \$9.95
- ❖ Baked Brie Cheese with craisins, almonds and honey served with half of a baguette \$8.95
- ❖ Field Greens and Turkey Breast, Walnuts & Craisins with champagne vinaigrette \$7.95 Small side salad only \$3.95
- ❖ Pomme Frites our large steak-cut French fries cooked in non-GMO sunflower oil Small \$3.95 Large \$6.95

**Warning: Consuming raw or undercooked meats, poultry, seafood, shellfish eggs may increase your risk of foodborne illness**

# Petit déjeuner (Breakfast)

***Breakfast is served 9 am -11 am Monday thru Friday, Saturdays 8 am - 12 pm, and Sunday Brunch 9 am until 3pm***

## BREAKFAST CRÊPES

Most Served on Traditional Batter (Change to Buckwheat Batter -or- Certified Gluten Free Batter add \$1.00)

- ❖ **Two Eggs Inside & Swiss Cheese** with your choice of Swiss cheese, cheddar or mix both \$6.50
- ❖ **Spinach, Tomatoes & and Two Eggs Inside** with Swiss Cheese \$7.95
- ❖ **Bacon -or- Sausage Patty & an Egg inside** with Swiss Cheese (add fresh spinach & tomato \$1.50) \$8.50
- ❖ **Mushrooms; Spinach & Caramelized Onions & an Egg Inside** with Swiss cheese \$8.95
- ❖ **Ham and Cheese with an Egg Inside** with Swiss cheese (add fresh spinach & tomato \$1.50) \$8.95
- ❖ **The "Breakfast Parisian" Ham & Swiss Cheese on Buckwheat** with butter and a fried egg on top \$10.25
- ❖ **Bacon with Cheddar Cheese & two fried-eggs on top** \$10.50
- ❖ **Smoked Salmon & an Egg Inside** with swiss cheese, capers & red onion \$11.95

## OMELETTES

- ❖ **Cheese Omelette** with two farm-fresh eggs & your choice of Swiss cheese or cheddar cheese \$6.50
- ❖ **Spinach & Tomato Omelette** and melted Swiss cheese \$7.50
- ❖ **Mushrooms & Caramelized Onions Omelette** and melted Swiss cheese \$7.95
- ❖ **Bacon & Cheese Omelette -or- Sausage & Cheese Omelette** \$7.50 -or- **Ham & Swiss Cheese Omelette** \$7.95
- ❖ **Smoked Salmon Omelette** with cream cheese, capers & red onions on the side \$10.50

## CROISSANTS

- ❖ **Cheese Only** \$3.50 - **Egg & Cheese** \$4.95 - **Bacon -or- Sausage, Cheese & Egg** \$5.95 - **Ham, Cheese & Egg** \$6.50
- ❖ **Croissant and Lox** with smoked salmon, cream cheese, red onion, capers and sliced tomato \$9.50

## SIDE ITEMS

- ❖ **Plain Croissant** \$2.95 **Pain au Chocolate** \$3.50 **Brioche Toast** \$2.25 **Udi's® Gluten Free Toast** \$2.25
- ❖ **Whole Baguette** \$3.95 **1/2 Baguette** \$2.95 **Seasonal Fresh Fruit** \$3.50 **Maple Syrup/Butter/Jam** \$ .75
- ❖ **Bacon or Sausage** \$3.75 **Smoked Salmon** \$4.95 **Add a fried Egg to Any Savory Crepe** \$1.75

## COLD BEVERAGES

- ❖ **Coke®, Diet Cok, Coke Zero, Sprite®, Sprite Zero®, Canadian Dry Ginger Ale,** or a bottle of **Spring Water** \$2.25
- ❖ **Boylan® Root Beer, Birch Beer, or Cream Soda** -or- **Coca-Cola® de Mexico in a Glass Bottle** \$3.50
- ❖ **Martinelli's Sparking Apple Cider** \$3.50 -or- **Tropicana® Apple Juice** \$2.75
- ❖ **Evian® (France) Flat** -or- **Perrier® (France) Sparking** -or- **San Pellegrino® (Italy) Sparking** \$3.50
- ❖ **Orangina** (Orange, lightly carbonated, once the largest selling soft drink in France) Imported \$3.75
- ❖ **Fresh Brewed Louisianan® Iced Tea ...Sweet or Unsweetened** \$2.25
- ❖ **Seasonal Harney & Son's® fruit tea iced** \$3.50
- ❖ **Sparkling French Soda & Sparkling French Lemonade, Iced** with your choice of flavorings \$3.25
- ❖ **Fresh Squeezed Orange Juice- Small.** \$3.50 - **Large** \$5.50 **Milk- Small** \$2.25 / **16 oz** \$3.00 **Chocolate Milk** \$3.50

## COFFEE, HOT TEA & ESPRESSO DRINKS

- ❖ **House Drip Coffee** Lavazza dark roast drip (Hot or Iced) \$2.25 **Café Au Lait** dark roast drip coffee & steamed milk \$2.75
- ❖ **Espresso** a single shot \$1.83 **Doppio** a double shot \$3.65
- ❖ **Macchiato Traditional** a *Double shot* of espresso with steamed milk-foam only \$3.65
- ❖ **Café Latte** a *Double shot* of espresso with steamed milk \$3.65
- ❖ **Specialty Latte** a *Double shot* of espresso with steamed milk and your choice of Monin Syrups to choose from (up to 3 pumps) \$4.50
- ❖ **Cappuccino** a *Double shot* of espresso, 1/3 steamed milk, 1/3 milk-froth \$3.65
- ❖ **Americano** The European answer for American coffee using a tall *double shot* of espresso \$3.65
- ❖ **Additional Espresso shot** \$1.83 **Up any Size Coffee to 16oz** \$ .50
- ❖ **Hot Tea - Harney & Son's®** Earl Grey, Hot Cinnamon, Paris Black, Ceylon Black & Ceylon Decaf, Ginger-Turmeric \$2.75
- ❖ **Organic English Breakfast, Herbal Mint Verbena, Japanese Green Sencha, Organic Green Tea**
- ❖ **Fog Teas** **London Fog** with Earl Grey & Vanilla -or- **English Fog** with English Breakfast & Rose -or- **Paris Fog** with Paris Black & Lavender \$4.50
- ❖ **Chai Tea Latte** -or- **Matcha Green Tea Latte** -or- **Hot Spice Apple Cider** \$3.65
- ❖ **Hot Chocolate** topped with whipped cream \$3.50
- ❖ **Monin® Flavored Syrups** Agave Syrup, Vanilla, Chocolate, Hazelnut, Caramel, Coconut, Cherry, Blackberry, Cinnamon, Salted Caramel, Amaretto, Peach, Rose \$ .75

## PEMIUM BEERS, CIDER, WINES & HOUSE COCKTAILS BY THE GLASS

**Draft:** Kronenbourg 1664: Half-Pint \$5 & Pint \$8 (France) Gypsy Hard Apple Cider: \$5 (TN) Sierra Nevada IPA \$5 (CA) Yee-Haw Dunkel: \$5 (TN)

**Bottled:** Helles Schlenkurla Smoke Beer: \$8 (GR) House Wines: C'est La Vie (FR) Red, White, Rose \$8 glass,

Rose All Day (FR) Cans \$12 Mini Bottles Champagne (FR) \$10, Mimosa \$6 Bloody Mary \$9 French 75's \$12 Screwdriver \$9 Vodka or Gin & Tonic \$9

More Wines, Champagnes & special Mixed-Cocktails available by the Glass/Bottle/Can



Please...visit our West Knoxville location in the Farragut Kroger/Petco Center, 161 Brooklawn Street, 37934

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