



# THE FRENCH MARKET



## AUTHENTIC FRENCH CRÊPES

526 South Gay Street. Knoxville, TN 37902 (865)-540-4372 www.thefrenchmarketknoxville.com

**Open Monday – Friday 9:00 am to 4:00 pm & Saturday 9:00 am to 5:00 pm Closed on Sundays**

### SAVORY CRÊPES

*Authentic "Traditional" batter, imported from France*

<b>Cheese</b> – Imported Gruyere & Swiss Cheese	\$5.50
<b>Three Cheese</b> – Imported Gruyere, Swiss and American Cheddar Cheese	\$5.75
<b>Ham &amp; Cheese</b> – Imported Ham with Gruyere & Swiss Cheese ... very traditional! Or, choose American Cheddar Order it on a buckwheat crepe with butter for a true French favorite!	\$6.50
<b>Turkey &amp; Cheese</b> - All natural Turkey (no additives) with Gruyere & Swiss Cheese	\$6.50
<b>Vegetarian &amp; Cheese</b> - Imported Gruyere & Swiss Cheese, fresh organic baby Spinach, Roma Tomato slices and marinated Artichokes Hearts (served in a Buckwheat Crepe)	\$6.50
<b>Sautéed Mushroom &amp; Cheese</b> – Sautéed in wine with butter, garlic, onion and Gruyere & Swiss Cheese	\$6.50
<b>Goat Cheese &amp; Walnuts</b> – Creamy and rich, a delicious combination straight from Paris! Try it with artichoke hearts \$1.00 extra...served on a buckwheat crepe.	\$6.95
<b>Turkey, Spinach; Artichoke &amp; Cheese</b> - A delicious combination you must try!	\$7.95
<b>Roast Beef &amp; Swiss</b> –with Tomato, Spinach and Red Onion with our special Horseradish Sauce	\$7.95
<b>Vegetarian Deluxe</b> – Same as the regular veggie but with Avocado and Feta Cheese!	\$8.50
<b>Smoked Salmon</b> - Imported Norwegian Salmon with Cream Cheese, Capers & Red Onion with Lemon	\$8.50

**\*\* Imported French Buckwheat batter may be substituted to make any Savory Crêpe \*\***

*Add: Artichoke Hearts -- Fresh Spinach -- Roma Tomato -- Capers -- Sautéed Mushrooms -- \$1.00*  
*Add: Bacon or an Egg \$1.50 Additional Ham or Turkey \$1.75 or Roast Beef \$1.95*

### SWEET CRÊPES

*Authentic "Traditional" batter, imported from France*

<b>Sugar &amp; Butter</b> or <b>Chocolate</b> or <b>Caramel</b>	\$3.95
<b>Cinnamon &amp; Sugar</b> with melted Butter	\$4.50
<b>Strawberry Jam</b> w/ Butter or <b>Blueberry Jam</b> w/ Butter or <b>Maple Syrup &amp; Butter</b>	\$4.50
<b>Lemon Juice &amp; Sugar</b> - Freshly squeezed lemon	\$4.95
<b>Nutella</b> – Hazelnut and Chocolate, a European tradition!	\$4.95
<b>Chestnut Cream</b> – A true French favorite, imported Chestnut Butter with Vanilla, Powdered Sugar & Whipped Cream	\$4.95
<b>Cherry Cheesecake</b> - Sweet Cherries with Ricotta , Cream Cheese, Sugar and Vanilla, & Whipped Cream	\$5.95
<b>Blueberries with Lemon Curd</b> - a fantastic combination of flavors, with Whipped Cream	\$5.95
<b>Strawberries &amp; Cream</b> - Fresh Berries with Ricotta, Cream Cheese, Sugar and Vanilla & Whipped Cream	\$5.95
<b>Crêpe Suzette</b> - Grand Marnier Cognac & Sugar, with Whipped Cream	\$6.95
<i>Add a whole Banana or Fresh Strawberries to any crêpe</i>	\$1.00

### BAGUETTE SANDWICH

Authentic, crunchy French baguettes, baked fresh daily

<b>Imported Ham</b> , or <b>All Natural Turkey Breast</b> with provolone cheese, mayonnaise, lettuce and tomato	\$6.50
<b>All Natural Roast Beef</b> , Swiss cheese, red onion, lettuce, tomato & horseradish sauce	\$6.95
<b>BAGUETTE a la MAISON</b> Imported triple cream brie cheese with apple slices and organic field greens with a side of balsamic vinaigrette	\$6.95

### CROISSANT SANDWICH

Authentic, golden and flakey

This is the best croissant in town, stuffed with homemade <b>Chicken Salad</b> or <b>Tuna Salad*</b> with romaine lettuce.	\$5.95
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(\*Tuna is only available during the spring and summer months)

### SOUP and SALADS

Authentic, made from scratch <b>French Onion Soup</b> , with a bread center and melted cheese...ooh la la!	<b>Bowl</b>	\$5.95
<b>Salad</b> – Mixed field greens, tomatoes with a side of balsamic vinaigrette	<b>Small</b>	\$1.95
	<b>Large</b>	\$3.95
<b>Lunch Salad</b> - With chicken salad or tuna salad* (*not available during winter months)		\$5.95

## Petit de'jeuner (BREAKFAST MENU)

Breakfast served until 11 am Monday-Friday, Saturday's to 12 pm.

### CRÊPES

Smoked Salmon with cream cheese, capers and red onion (Imported Norwegian Salmon)	\$7.50
Ham and Egg with melted cheese (add fresh spinach & tomato \$1.00)	\$6.50
Bacon and Egg with melted cheese (add fresh spinach & tomato \$1.00)	\$6.50
2 Egg & Cheese with fresh spinach and tomatoes (your choice of Swiss or Cheddar cheese)	\$5.95
Maple Syrup & Butter -or- Strawberry Jam or Blueberry Jam -or- Cinnamon Sugar & Butter	\$4.50

### OMELETTES & OTHER ITEMS

Two Egg Omelette with melted cheese and fresh spinach (your choice of Swiss or Cheddar cheese)	\$4.95
Two Egg & Salmon Omelette with cream cheese (Imported Norwegian Smoked Salmon)	\$7.95
<i>Add: feta cheese or brie cheese \$1.25 tomatoes, spinach, capers or sautéed mushrooms</i>	<i>\$ .75</i>
<i>Add: Side of Bacon, or Sausage \$1.50 or Side of Ham \$1.75 One Egg, cooked your way</i>	<i>\$1.50</i>
Croissant Sandwich with a scrambled egg & provolone cheese \$3.95 with Bacon \$4.95 with Ham	\$5.50
Plain Croissant, golden and flaky, the best in town! \$2.25	Whole Baguette \$2.95
Pain au Chocolate (Yes, these are the real thing, imported from France & baked fresh daily)	\$2.50
Yogurt (assorted flavors)	\$1.50
Seasonal Fresh Fruit \$2.95	Grapefruit Cup \$2.50
	Motts Applesauce \$1.50

## BEVERAGES

Coke, Diet Coke, Sprite, Sprite Zero or Crystal Springs Water	\$1.25
Dr Browns® Root Beer, Ginger Ale, Black Cherry, Diet Black Cherry or Diet Cream Soda	\$1.25
IZZY® Natural Sodas- - Blackberry, Clementine, Grapefruit or Pomegranate	\$1.95
Perrier® (natural sparkling water from France) or San Pellegrino® (carbonated mineral water from Italy)	\$1.95
Orangina® ( <i>Orange and Lemon, lightly carbonated, the largest selling soft drink in France!</i> )	\$1.95
Fresh Brewed Louisianan® Iced Tea Sweet or Unsweetened <i>Free refills!</i> (Not during winter)	\$1.95
Tea - Harney & Son's® (Earl Grey, Hot Cinnamon Spice, Paris Black Fruit Tea, Ceylon Black Decaf, Organic)	
English Breakfast, or Japanese Sencha Green)	\$1.95
Tropicana® Orange Juice, Apple Juice	\$1.50

## **LAVAZZA® Coffee**

Espresso	Rich and velvety with a perfect crema	\$1.50
Latte	Double shot of espresso with steamed milk	\$2.95
Cappuccino	Double shot of espresso, 1/3 steamed milk, 1/3 milk froth	\$2.95
Americano	The European answer for American coffee using a tall double shot of espresso	\$2.95
Additional shot	\$ .75 or Monin® Flavored Syrups	\$ .75
Café Au Lait	Dark Roast Coffee with steamed milk	\$2.50
House Coffee	Lavazza dark roast drip (Hot or Iced) <i>Free refills!</i>	\$1.95
Chai Latte	TAZO® CHAI TEA - Spiced black tea with steamed milk	\$2.95