



THE FRENCH MARKET CRÊPERIE



Authentic French Crêpes and European Gifts

526 South Gay Street, Knoxville, TN 37902 (865)-540-4372

Mon - Wed 9:00 am to 4:00 pm • Thurs., Fri. & Sat 9:00 am to 9:00 pm Closed Sundays

SAVORY CRÊPES

Served on either an authentic Traditional or Buckwheat crêpe, batter imported from France

❖ Cheese - Imported Gruyere & Swiss Cheese ...on a Traditional Crêpe	\$5.50
❖ Three Cheese - Imported Gruyere, Swiss and American Cheddar Cheese ...on a Traditional Crêpe	\$5.75
❖ Ham & Cheese - Imported Ham with Swiss Cheese ... very traditional! Or, choose American Cheddar ...on a Traditional Crêpe (Try it on a Buckwheat crêpe with butter ... a European favorite)!	\$6.50
❖ Turkey & Cheese - All natural Turkey (no additives) with Swiss Cheese...on a Traditional Crêpe	\$6.50
❖ Vegetarian & Cheese - Imported Gruyere & Swiss Cheese, fresh baby Spinach, Roma Tomatoes and marinated Artichokes Hearts ...on a Buckwheat Crêpe	\$6.50
❖ Sautéed Mushroom & Cheese - Sautéed in Red Wine, Garlic & Onion with Gruyere & Swiss on a Traditional Crêpe	\$6.75
❖ Goat Cheese & Walnuts - Creamy and rich...on a Buckwheat Crêpe, a delicious combination straight from Paris! Try it with artichoke hearts (\$1.00 extra)	\$7.50
❖ Roast Beef & Cheddar Cheese ...on a Traditional Crêpe	\$7.50
❖ Turkey, Spinach; Artichoke & Cheese - A delicious combination you must try! ...on a Traditional Crêpe	\$7.95
❖ Roast Beef & Swiss -with Tomato, Spinach and Red Onion and our own Horseradish sauce ...on a Traditional Crêpe	\$8.50
❖ Vegetarian Deluxe - Same as the regular veggie but with fresh Avocado and Feta Cheese ... on a Buckwheat Crêpe	\$8.50
❖ Smoked Salmon - Imported Salmon with Cream Cheese, Capers & Red Onion with Lemon ...on a Traditional Crêpe	\$8.95
Add: Marinated Artichoke Hearts - Fresh baby Spinach - sliced Red Onions - Roma Tomatoes - Avocado - Capers - Sautéed Mushrooms - Feta or- Goat Cheese	\$1.00
Add: Bacon \$1.50 - an Egg \$1.00 (inside or on- top, the French way!) - Additional Ham or Turkey \$1.75 or Roast Beef \$2.25	

** Imported French Buckwheat batter may be substituted to make any Crêpe**

SWEET CRÊPES

Served on an authentic Traditional crêpe, batter imported from France

❖ Plain Crêpe	\$3.25
❖ Sugar & Butter or Chocolate or Caramel	\$3.95
Add a whole Banana \$1.00 or Fresh Strawberries \$1.50	
❖ Cinnamon & Sugar ...w/ Butter or Strawberry Jam w/ Butter or Real Maple Syrup w/ Butter	\$4.50
Add a whole Banana \$1.00 or Fresh Strawberries \$1.50	
❖ Lemon & Sugar - Freshly squeezed lemon...always a favorite!	\$4.95
❖ Nutella - Hazelnut mixed with Chocolate, a European tradition!	\$4.95
Add a whole Banana \$1.00 or Fresh Strawberries \$1.50	
❖ Chestnut Cream - A French favorite, imported Chestnut Butter mixed with Vanilla & Whipped Cream	\$5.50
❖ Cherry Cheesecake - Sweet Cherries w/ Ricotta & Cream Cheese, Sugar and Vanilla, & Whipped Cream	\$6.50
❖ Blueberries with Lemon Curd - a fantastic combination of flavors, with Whipped Cream	\$6.50
❖ Strawberries & Cream - Fresh Berries w/ Ricotta & Cream Cheese, Sugar and Vanilla & Whipped Cream & Almonds	\$6.95
❖ Crêpe Suzette- The Classic French Crêpe - Grand Marnier Orange Cognac with Sugar & Whipped Cream	\$7.95

BAGUETTE SANDWICH

Authentic, crunchy French baguettes, we baked them fresh daily

❖ Imported Ham, or All Natural Turkey Breast with provolone cheese, mayonnaise, romaine and tomato	\$6.50
❖ All Natural Roast Beef, Swiss cheese, red onion, romaine, tomato & horseradish sauce	\$7.50
❖ BAGUETTE a la MAISON Imported brie cheese with apple slices, honey, fresh baby greens with balsamic vinaigrette	\$7.95

CROISSANT SANDWICH

Authentic, golden and flakey, this is the best croissant in town!

❖ Stuffed with homemade Chicken Salad or Tuna Salad* with romaine lettuce.	\$6.25
❖ With Imported Ham or Turkey, mayonnaise, lettuce, tomato and provolone cheese	\$6.50
❖ With Roast Beef, horseradish sauce, Swiss cheese, lettuce, tomato and red onion	\$7.50

SALAD

On a bed of fresh baby spinach and romaine lettuce greens

❖ Side salad - With Feta cheese, tomatoes, red onions with a side of balsamic vinaigrette	Small \$1.95	Large \$3.95
❖ Lunch Salad - With chicken salad or tuna salad* (*not available during winter months)		\$5.95



Petit de'jeuner (BREAKFAST MENU)

Breakfast served until 11 am Monday-Friday, Saturday's to 12 pm.

CRÊPES

- ❖ Real Maple Syrup w/ Butter -or- Strawberry Jam w/Butter -or- Cinnamon Sugar w/ Butter (add a banana \$1.00) \$4.50
- ❖ Two- Scrambled Eggs & Cheese with fresh spinach and tomatoes (your choice of Swiss or Cheddar cheese) \$6.50
- ❖ Bacon or Sausage and Scramble Egg with melted cheese (add fresh spinach & tomato \$1.00) \$6.75
- ❖ Ham and Scrambled Egg with melted cheese (add fresh spinach & tomato \$1.00) \$6.95
- ❖ Smoked Salmon with cream cheese... capers, red onion and lemon on the side (Imported Norwegian Salmon) \$8.95

OMELETTES & OTHER ITEMS

- ❖ Two Egg Omelette with melted cheese and fresh spinach & tomato (your choice of Swiss or Cheddar cheese) \$4.95
- ❖ Two Egg Omelette with melted cheese and Bacon or Sausage \$5.95 with Imported Ham \$6.25
- ❖ Two Egg & Salmon Omelette with cream cheese (Imported Norwegian Smoked Salmon) \$7.95
- Add: Feta or Brie or Goat Cheese \$1.00 ea or Tomatoes, Spinach, Capers, Red Onion or Sautéed Mushrooms \$1.00 ea
- Add: Side of Bacon, or Sausage \$1.50 ea or Side of Ham \$1.75 or An Egg, cooked your way \$1.50 ea
- ❖ Croissant with a scrambled Egg & Provolone Cheese \$3.95 with Bacon or Sausage \$4.95 with Ham \$5.50
- ❖ Plain Croissant, golden and flaky, the best in town! \$2.25 with butter and jam \$2.95
- ❖ Whole Baguette \$2.95
- ❖ Pain au Chocolate (Yes, these are the real thing, imported from France & we baked fresh daily) \$2.75
- ❖ Greek Yogurt (assorted flavors) \$2.75
- ❖ Seasonal Fresh Fruit \$2.95 Grapefruit Cup \$2.50 Mott's Applesauce \$1.50

BEVERAGES

- ❖ Coke, Diet Coke, Sprite, Sprite Zero, Dr Browns® Root Beer, Black Cherry or Crystal Springs Water \$1.25
- ❖ IZZY® Natural Sodas - Blackberry, Clementine, Pink Grapefruit or Pomegranate \$2.25
- ❖ Perrier® (natural sparkling water from France) \$1.95
- ❖ San Pellegrino® (carbonated mineral water from Italy) Small \$1.95 750 Liter \$3.50
- ❖ Orangina® (Orange and Lemon, lightly carbonated, the largest selling soft drink in France!) \$1.95
- ❖ Fresh Brewed Louisianan® Iced Tea Sweet or Unsweetened Free refills! \$1.95
- ❖ Hot Tea - Harney & Son's® (Earl Grey, Hot Cinnamon, Paris Black w/Fruit, Ceylon Black Decaf, Organic English Breakfast, or Japanese Sencha Green) \$1.95
- ❖ Tropicana® Orange Juice, Apple Juice \$1.50

COFFEE

LAVAZZA®

The world's best selling espresso!

- ❖ Espresso Rich and velvety with a perfect crema \$1.50
- ❖ Latte Double shot of espresso with steamed milk (Hot or Iced) \$2.95
- ❖ Cappuccino Double shot of espresso, 1/3 steamed milk, 1/3 milk froth \$2.95
- ❖ Americano The European answer for American coffee using a tall double shot of espresso \$2.95
- ❖ Additional shot \$.75 or Monin® Flavored Syrups \$.75
- ❖ Café Au Lait Lavazza Dark Roast Coffee with steamed milk \$2.50
- ❖ House Coffee Lavazza Dark Roast Drip (Hot or Iced) Free refills! \$1.95
- ❖ Chai Latte TAZO® CHAI TEA - Spiced black tea with steamed milk (Hot or Iced) \$2.95

PREMIUM BEERS & CIDERS

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| CarlsbergDenmark \$4 | Peroni.....Italy \$4 | Stella ArtoisBelgium \$4 |
| Pilsner Urquell.....CzechRep \$4 | Blue MoonUSA \$4 | Estrella Galicia.....Spain \$5 |
| Weihenstephan.....Germany \$5 | Fuller's ESB.....England \$5 | Fisher AmberFrance \$5 |
| Birra Moretti.....Italy \$5 | | Magner's Cider.....Ireland \$5 |
| Samuel Smith Organic Cider (18oz).....England \$12 | | |

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